

PROFILE OF Dr.R.SUJATHA

Designation : Assistant Professor and Head

Department : Nutrition and Dietetics

Address Official : Assistant Professor and Head
Department of Nutrition and Dietetics,
N.K.R Government Arts College for Women,
Namakkal– 637 001.
ramasamysujatha@yahoo.co.in

Educational Qualification : B.Sc. (Nutrition, Food Service Management and Dietetics), P.S.G.College of Arts and Science, Coimbatore, 1991.

M.Sc.(Foods and Nutrition), P.S.G.College of Arts and Science, Coimbatore, 1993

M.Phil. (Foods and Nutrition), Mother Teresa Women's University, Kodaikanal, 1999.

Ph.D. (Foods and Nutrition), Mother Teresa Women's University, Kodaikanal, 2011.

M.A. (Sociology), Annamalai University, Chidambaram, 1996.

P.G.D.C.A, (Computer Applications), Alagappa University, Karaikudi, 2004.

Teaching Experience : U.G.: 26 Years & 5 months.
(Private and Government) P. G.: 13 Years & 5 months.

Total years (as on 31.12.2020) : 26 Years & 5 months

Guidance for projects : Awarded
M.Sc. : 38
M.Phil. : 13
P.hD. : 03(Ongoing)

Awards/Merits

1. Qualified the National Eligibility Test for Assistant Professorship/Senior Research Fellowship, Conducted by Agricultural Scientist Recruitment Board, New Delhi, 1998.
2. Qualified the State Level Educational Test for Lecturership, 2000.
3. District Vice President, Tamil Nadu Science Forum, Erode District, 2002.
4. Co-ordinator, Sirakugal Association, Vellalar College for Women, Erode, 2004-2007.
5. Programme Co-ordinator, Community Nutrition Programme in rural of Erode District, 2001 and 2004.
6. NSS Co-ordinator, Government Arts and Science College for Women, Bargur, Krishnagiri District, 2011-2012.

Academic Positions:

1. Board of studies member, Board of Nutrition and Dietetics & Foods and Nutrition, Bharathiyar University, Coimbatore, 2005-2008.
2. Board of studies Chairman, Board of Nutrition and Dietetics, Periyar University, 2008- 2010.
3. Board of Studies Member, Board of Nutrition and Dietetics, Periyar University, 2011- 2016.
4. Board of Studies Member, Board of Nutrition and Dietetics, Vellalar College for Women (Autonomous), Erode, 2008-10.and P.S.G.of arts and science College, Coimbatore, Government College, Vellore.
5. University affiliation Commission Member, Bharathiyar University, Coimbatore, And Periyar University
6. IQAC Co-ordinator, Government Arts and Science College for Women, Bargur, Krishnagiri District, 2009 – 2012.
7. Question paper setter in various Universities and Autonomous colleges for UG and PG degree.
8. Board of studies, Chairman, Board of Nutrition and Dietetics, Periyar University, 2017 Onwards
9. Senate Member, Periyar University, 2020 -2022

Resource person for the meetings conducted by National Children's Science Congress (NCSC): TOPICS.

1. Fruit and Vegetable Preservation Method, 2001 -2002.
2. Food System Toward Nutrition for All, 2002 - 2003.
3. Research Methodology –Harness water resources for a better future, 2003 -2004.
4. Resource person for Meetings conducted by the National Service Scheme, Vellalar College for Women, Erode and Government Arts and Science College for Women, Bargur, Krishnagiri District.

Publications:

1. Homocysteine – A cardiac mark of the millennium, Journal of Food, Nutrition and Dietetics, vol.1(1), 30-35, 2003.
2. Nutritional status of women agricultural laborers, Journal of Food, Nutrition and Dietetics., vol.2(2), 10-14, 2005.
3. Evaluation of Nutritive Value and Organoleptical changes on malted paspalum, scrobiculatum, Journal of Food, Nutrition and Dietetics, vol.2(3), 32-40, 2005.
4. Trigonella foenum graecum in the efficacy of hypercholesterolemia patients, Journal of Food, Nutrition and Dietetics, vol.3(1), 11-17, 2006
5. Effect on supplementation of micronutrients on human immuno deficiency virus patients, Journal of Food, Nutrition and Dietetics, vol.4(1), 2007.
6. Synthesis and biological activities of a novel series of indazole derivatives, Biosciences, Biotechnology research Asia, vol.5 (1), 313-318, 2008.
7. Simultaneous estimation of domperidone and lansopazole in capsule formulation by HPLC method, Rasayan J. Chem. vol-2(1), 15-17, 2009.
8. A study on isolation and characterization of earthworm gut flora of perionyx excavates, Biomedical and Pharmacology Journal, vol.2, 403-406, 2009.
9. Synthesis and biological evaluation of novel 3, 4-dihydropyrimidin-2(1H)-ones, Rasayan J. Chem., vol.1(3), 586-590, 2008.
10. A study on toxicity and laxative effect of cassia angustifolia vahl., Journal of Food, Nutrition and Dietetics, vol.5(2), 44-49, 2008.
11. Supplementation of spirulina for anemia labours of cotton mill, Biosciences, Biotechnology Research Asia, vol.7(2), 2010.
12. A study on toxic effects and laxative activity of senna (cassia angustifolia vahl), Journal of Pure and Applied Microbiology, vol.6(1), 2012 (to be published).
13. A study on prevalence of constipation in selected working women group, Journal of Community Guidance and Research, 2011

Symposium/ Seminar:

Articles Presented: 32 (National Level and State Level).

Research Project

“POTENTIAL SYNERGY OF PHYTOCHEMICALS OF GYMNEMA SYLVESTRE IN DIABETES PREVENTION” under the scheme ‘Minor Research Project’ for Teachers of Government Arts and Science College/ University Constituent Colleges-2018-19

